



**BIG
CHANGE.**

How have young people led the response to their local #BeeWell findings?

Funded by Big Change, #BeeWell has supported young people across Greater Manchester to lead action and respond to their local survey data. This year, we asked young people to focus on the previous headline findings selected by our Youth Steering Group.

SCHOOL BELONGING

Young people in Bolton, Bury, Stockport and Tameside chose to focus on school belonging. They have:

- Co-produced a conference to invite young people from schools across the borough, where they focused on LGBTQ+ young people's sense of belonging and also created school-level action plans.
- Created videos, one for teacher training to demonstrate how they can support young people to feel a sense of belonging, and another to explore the data in more detail and share with a local college and a University study.
- Developed school-level plans to look at safe spaces and creative activities in school to support wellbeing and belonging, and a peer mentor scheme.

NUTRITION AND FOOD SECURITY

Responding to only 1 in 10 young people reporting they eat 5 portions of fruit and veg a day, and data on young people's access to food, young people in Manchester, Salford and Wigan have:

- Taken part in cooking classes to learn how to make healthy food, sharing the importance of eating well for wellbeing.
- Created a video called 'Recipe for Change' with suggestions to be taken to the local Food Board.
- Created an online cookbook for other young people to access for free and use for inspiration.

GIRLS' PHYSICAL ACTIVITY

In Manchester, Oldham, Rochdale and Trafford young people have:

- Taken part in workshops to explore the data and make suggestions on what should be done about it. In one group, they produced a range of artwork to show women and girls engaged in sports and activities, aiming to celebrate female sports stars and role models.
- Organised free physical activity classes for young women to take part in at local venues.

together
we are

**GREATER
MANCHESTER**