

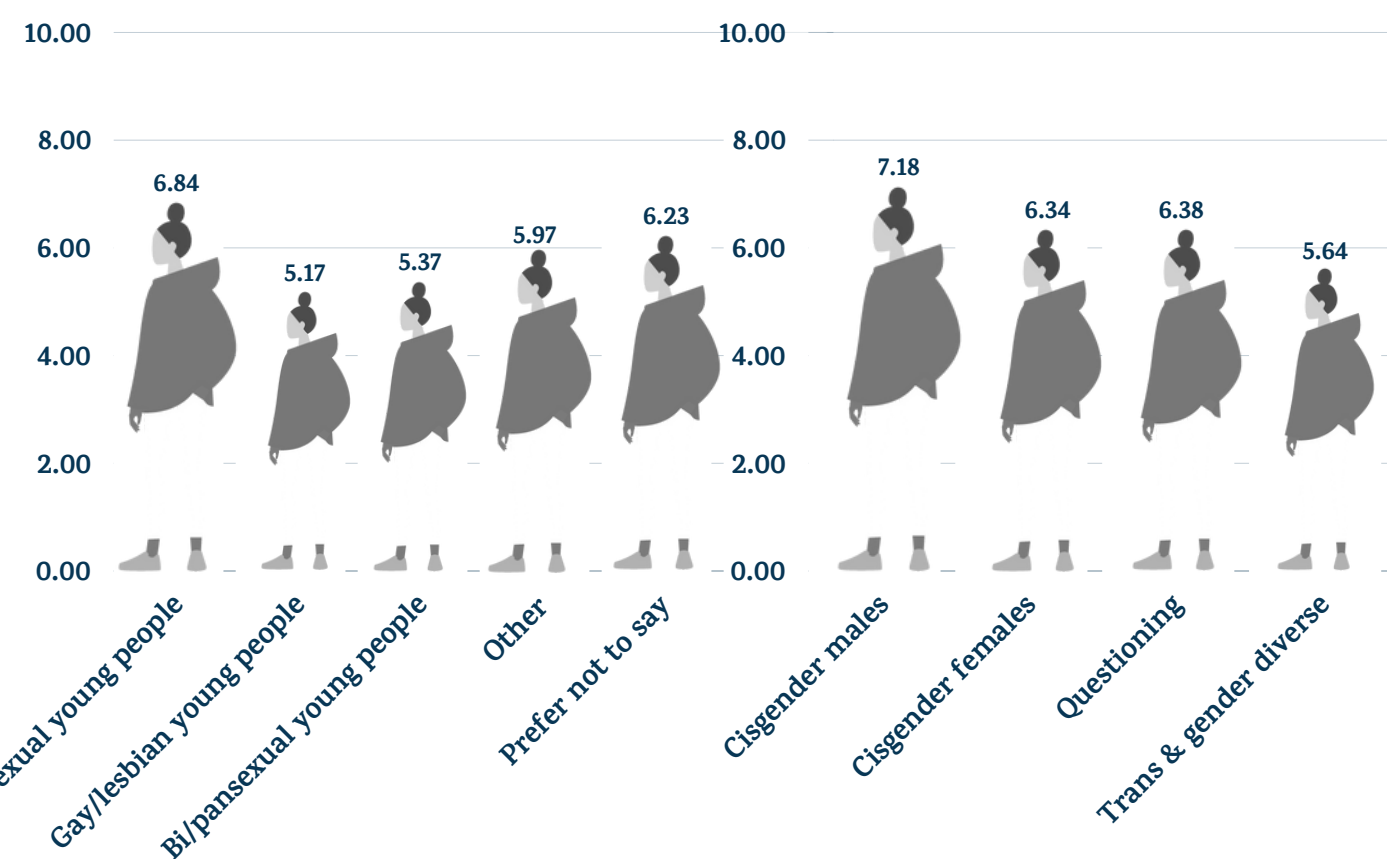


#BEEWELL TOP 5 FINDINGS

From #BeeWell surveys completed by over 63,100 young people at 192 schools in Greater Manchester. Our top findings were decided by the #BeeWell team & Youth Steering Group!

1

We found inequalities in wellbeing scores ([Evidence Briefing: Inequalities](#)) by gender and sexual orientation. Girls report lower wellbeing than boys, and LGBTQ+ young people report significantly lower wellbeing than their cisgender, heterosexual peers.



For example, see the life satisfaction scores (scored between 0-10), for different cohorts of young people.



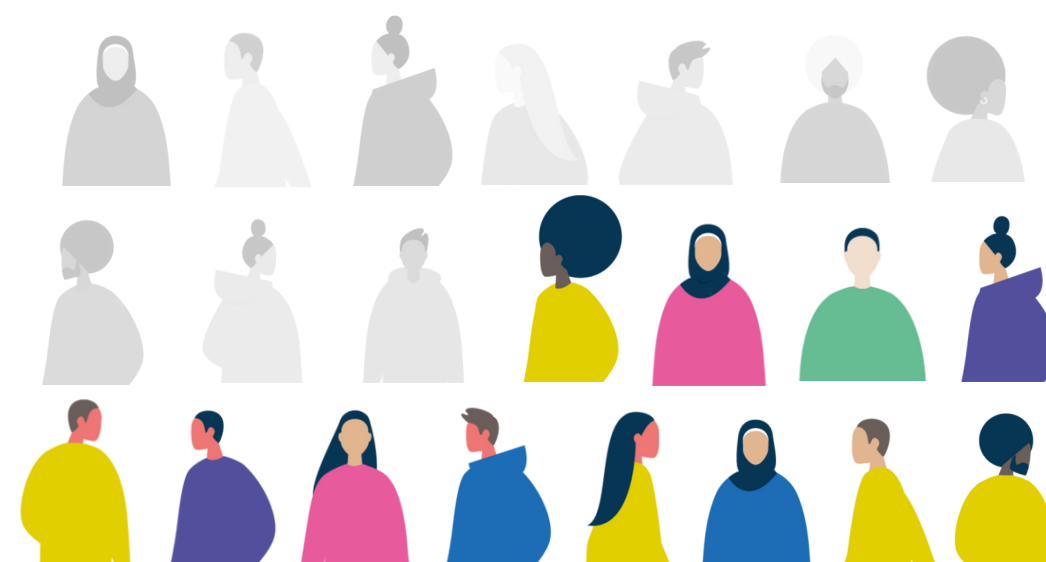
1 in 3 young people.

2

Just over 1 in 3 (35%) young people are meeting the Chief Medical Officer's recommendation of doing 1 hour of physical activity ([Brief 1: Physical Activity](#)) per day. This drops to 1 in 4 (25%) girls.

3

44% (around 10 students in the average classroom of 22) of Year 10 students report that they aren't getting enough sleep ([Brief 3: Sleep](#)) to feel awake and concentrate at school.



10 out of 22 young people.



1 in 7 young people.

4

Approximately one in seven young people (Year 10) are bullied. Analysis in our relationships briefing indicates that, by tackling bullying, we could prevent nearly 1 in 5 cases of young people's significant feelings of worry or sadness.

5

There has been a decline in young people reporting that they have good places to spend free time. 13 in the average class of 22 (60%) Year 10 pupils think that they have good places to spend their free time. Find out more in [The Politics Project #BeeWell programme reflections](#).



13 out of 22 young people.