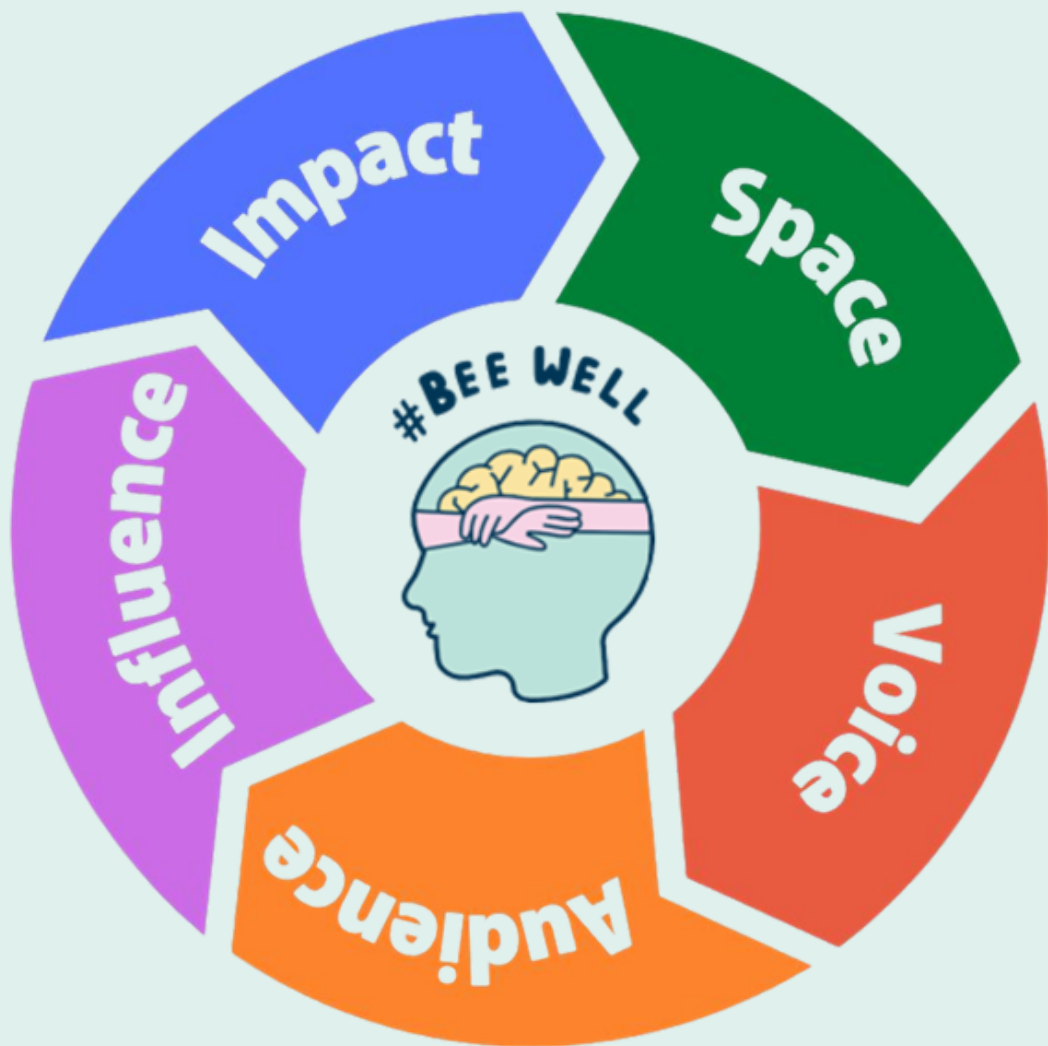


MORE THAN VOICE, MORE THAN A SURVEY!



The Greater Manchester
Lundy Model & #BeeWell

THE GREATER MANCHESTER LUNDY MODEL ADVOCATES THAT EVERY CHILD AND YOUNG PERSON SHOULD HAVE...

A SAFE SPACE Somewhere to talk and where you can think about and share your ideas.

A VOICE / VIEW CYP are able to express their feelings and wishes in a way that suits them.

AN AUDIENCE So what CYP say is listened to by the right people at the right time.

INFLUENCE CYP are taken seriously and can shape services within the city region.

IMPACT So Greater Manchester can be the best place to grow up and grow old.

#BEEWELL AND THE LUNDY MODEL

#BeeWell seeks to co-create an environment where young people's wellbeing is everybody's business.

We aim to work in ways where children, young people and adults can participate in and shape programmes of work, research activities and engagement opportunities safely and meaningfully.

We work in a youth centred way that prioritises youth participation as a key element of protection and uphold all children's rights throughout our work.

The value of children and young people's participation in decision-making is widely recognised in principle but there are often challenges and concerns along the way. By applying the Lundy Model and recognising the protective factors of participation #BeeWell actively involve young people in conversations and decision making about our work.

The Lundy Model of Participation is embedded throughout our work, from forming a key strand of our safeguarding policy to guiding the ways in which we move towards more collaborative and youth led ways of working.

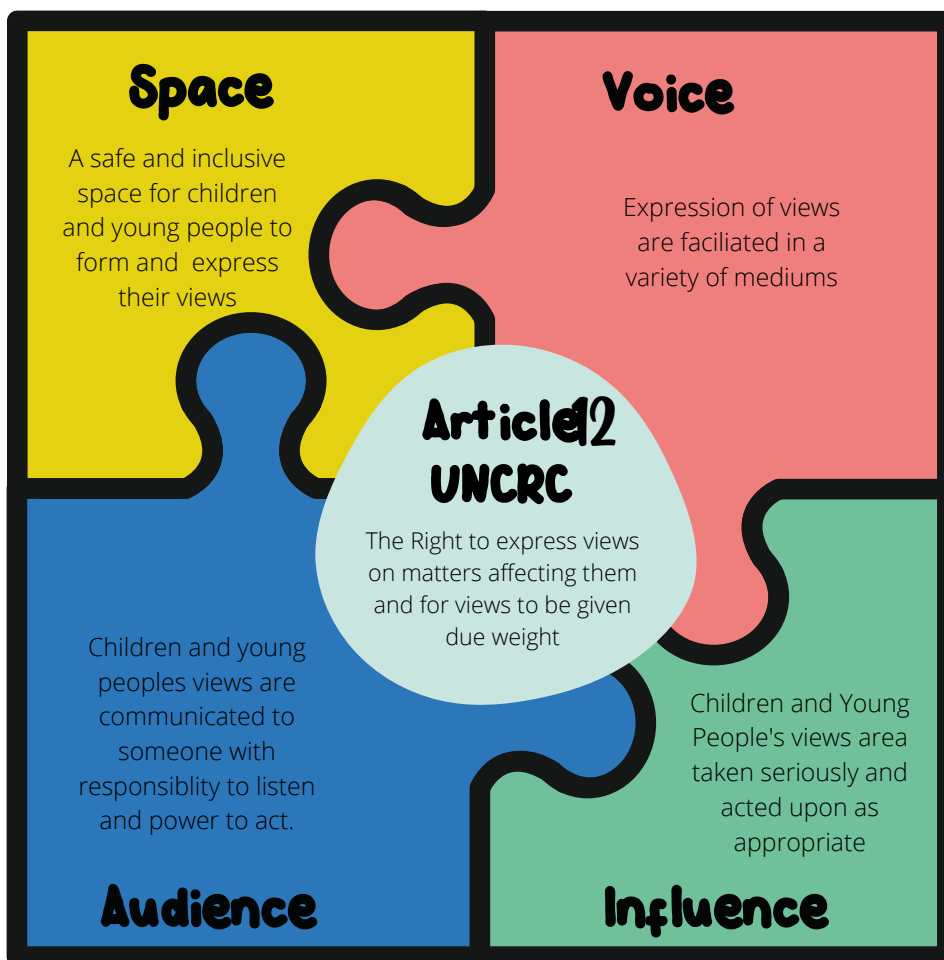


**MAKING YOUNG PEOPLE'S WELLBEING
EVERYBODY'S BUSINESS**

**THE LUNDY MODEL OF CHILD PARTICIPATION WAS ESTABLISHED
IN 2014.**

**IT AIMS TO PROMOTE AND SUPPORT CHILDREN AND YOUNG PEOPLES PARTICIPATION
IN DECISION MAKING BY PROVIDING AN UNDERSTANDING OF CHILDREN AND YOUNG
PEOPLES RIGHT TO BE HEARD AND WAYS TO UPHOLD AND ENABLE THESE RIGHTS.**

AT #BEEWELL WE ARE USING LUNDY TO HELP US LISTEN, ACT & CELEBRATE.



Below we provide a case study for each element of the model to show how the model aligns with and enhances #BeeWell work. Each section also has a relevant quote from our Youth Steering Group.



SPACE

#BeeWell provide spaces for young people to explore mental health and wellbeing, both online and in person. We do this through events such as #BeeWell Festival. A core aspect of our co-creation approach involves the Youth Steering Group.

THE #BEEWELL YOUTH STEERING GROUP

- co-designed the survey,
- came up with the name,
- designed the logo,
- co-designed #BeeWell Day,
- commissioned two responses to the #BeeWell data (one on physical activity and one on belonging)

THE #BEEWELL YOUTH STEERING GROUP FULFILS THE SPACE ELEMENT OF THE LUNDY MODEL BY PROVIDING...

- space for young people to learn more about MH/WB, policy and practice.
- a supportive and inclusive online and in person space.
- 1-2-1 check ins and support from #BeeWell staff.
- group training and team building to support discussion and working as a team.
- opportunities to collaborate with other groups – eg. BeeHeard, 42nd Street, Plan UK young ambassadors.

Youth Steering Group members are supported to express themselves and develop new knowledge and understanding about young people's wellbeing, policy and more. Group dialogue provides new perspectives and helps young people, and those of us working with them to see things differently.



We have found that working in groups challenges the individualisation of problems and solutions. It ensures 'private' issues, such as mental health and wellbeing are recognised as public issues rooted in structural injustice and oppression

VOICE & VIEWS

Young people's experiences and opinions are sought out and captured in a variety of ways through the #BeeWell work. This includes: The #BeeWell survey (which has a more accessible version for those who need it), #BeeWell events, online and in person consultations, workshops in formal and informal educational settings and in the Youth Steering Group.

Our example of practicing the voice element of the Lundy Model is the recent delivery of workshops with more diverse groups of young people. These workshops aim to ensure that different groups of young people can offer their responses to the data and explore the why behind some of the statistics. The aim of this is to ensure that the survey data isn't only responded to by a room full of adults.

YOUTH WORKSHOPS

In the workshops we:

- seek to find out the views from YPs who may not usually participate in MHWB voice/consultation activities,
- work with age groups that aren't completing the survey,
- also making sure young people who might not be so practiced at talking about these things/participating in consultations etc can develop their ideas and offer responses to the data,
- offer a variety of ways for YPs to participate.

The workshops are adaptable to different ages, and never assume prior knowledge of mental health and wellbeing.

The workshops are delivered where possible as part of pre-existing groups/activities with trusted staff. So it is a space that young people are comfortable with and they have staff they have existing relationships with there to help.

#BeeWell gives a voice to young people. We're quite young but we're giving ideas cos we can relate more to the people our ages than adults.
(YSG member)



AUDIENCE

Young people have co-created the #BeeWell agenda and we seek to ensure that their opinions and ideas are shared to those in decision making roles across GM. We aim to amplify and share what young people have told us in the survey and youth workshops.

We do this using social media, briefings, bringing young people to decision making boards and partnering with organisations. We make all the research findings accessible – not just keeping them as academic papers behind pay walls and we proactively share them with Local Authorities and School Leadership teams.

Would be good to meet the adults - makes it harder to dismiss if you're meeting face to face. (YSG member)

We take our emerging findings to the Children's Board and keep #BeeWell on the Greater Manchester agenda. One key example of enabling direct conversation with adults in positions of power is our partnership with The Politics Project.

THE POLITICS PROJECT DIGITAL DIALOGUE SESSIONS

This project creates facilitated sessions, bringing together local leaders in each of the 10 GM localities and schools for young people to present the key findings from their school #BeeWell data and discuss suggested solutions. We will follow up with leaders such as Councillors and Directors of Children's Services to find out if and how they have acted upon young people's views, and if they have not why not.



PARTICIPATION

(Summer 2022)

17 schools

24 Council representatives

100+ young people

Over 15 hours of discussion

IMPACT

We are actively capturing the impact, both big and small of the #BeeWell work. By making young people's wellbeing everybody's business, we support an agenda to make Greater Manchester to be the best place to grow up and grow old.

We are measuring our impact in a variety of ways:

- partnered with Renaisi to evaluate the #BeeWell programme,
- keeping track of things we've been involved in,
- getting updates and feedback from those we've worked with/consulted with,
- capturing coalition responses to the #BeeWell work,
- £700K direct investment into data response.
- keeping track of funding that has been invested into youth provision based on #BW findings...

We don't just want to be known as a survey - we want to do action from the findings.
(YSG member)

YOUTH LED COMMISSIONING: INTEGRATED CARE AND LGBTQ YOUNG PEOPLE'S WELLBEING

In the #BeeWell survey, LGBTQ+ young people in Greater Manchester reported lower wellbeing scores than their heterosexual and cis-gender peers. Responding to the data, the Greater Manchester Integrated Care Partnership (NHS) pledged £60,000 for a pilot project to support LGBTQ+ young people's mental health and wellbeing in Greater Manchester.

Really felt that we have a say. I know I was behind this whole process and that we had a say to make this thing happen.
(Youth Panel member)

To ensure that young people had equal say in how money was invested, we recruited and trained 3 young people to take on the role of youth reviewers in the commissioning process. Both the adult and youth panels attending training together. In making this process youth centred and inclusive we improved the experience for all involved. One adult panel member let us know that: "I can honestly say it's been the best work meeting I've been to this week 😊"

All the adults involved in this process would now be more prepared and confident to support young people to be part of similar commissioning and design group activities.

The Funding was awarded to a collaborative venture between 42nd Street, The Proud Trust and The LGBT Foundation.

