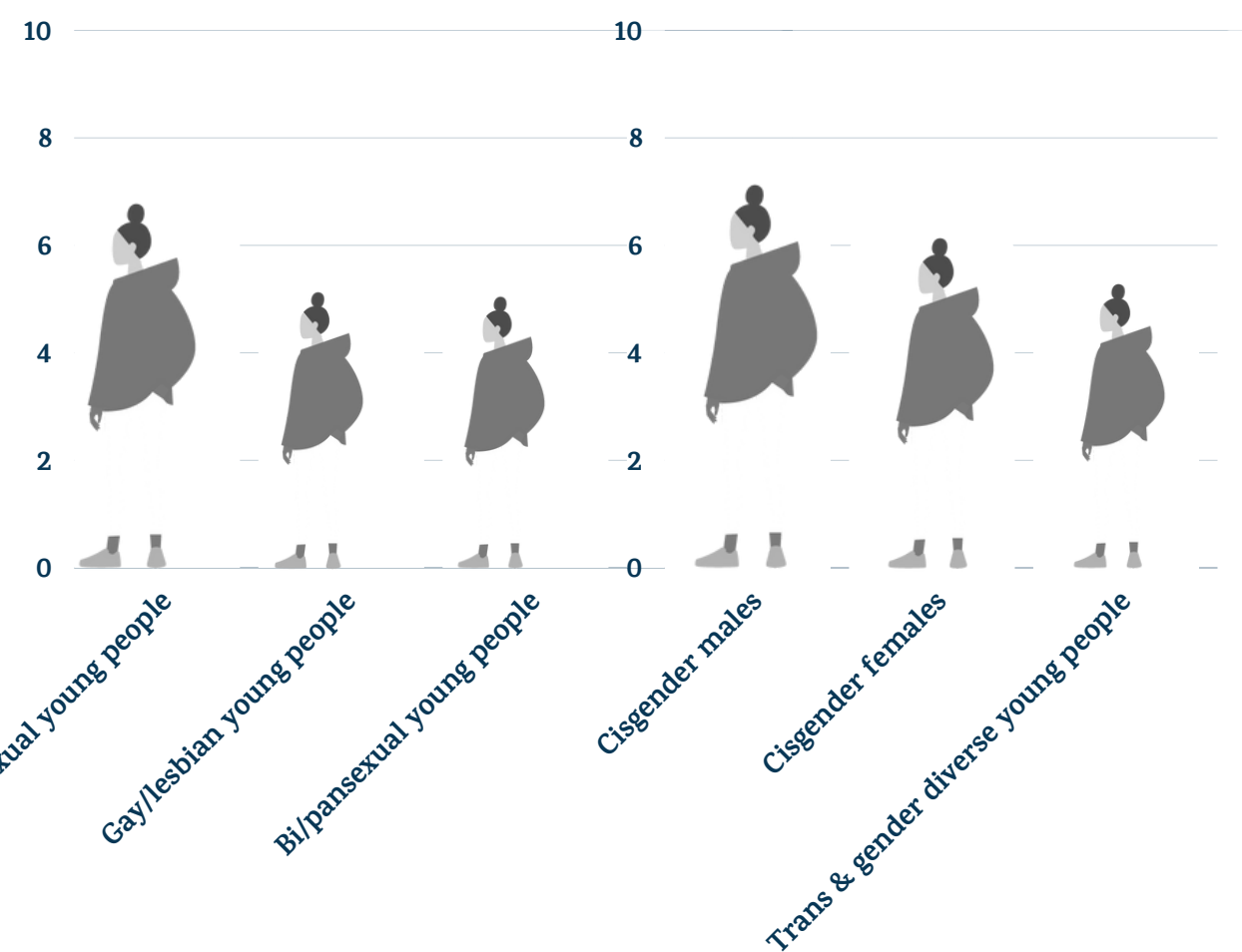




# #BEEWELL TOP 5 FINDINGS

From #BeeWell surveys completed by over 60,000 young people at 187 schools in Greater Manchester. Our top findings were decided by the #BeeWell team & Youth Steering Group!

**1** We found inequalities in wellbeing scores ([Evidence Briefing: Inequalities](#)) by gender and sexual orientation. Girls report lower wellbeing than boys, and LGBTQ+ young people report significantly lower wellbeing than their cisgender, heterosexual peers.



For example, see the life satisfaction scores (scored between 0-10), for different cohorts of young people.



1 in 3 young people.

**2** Only 1 in 3 young people are meeting the Chief Medical Officer's recommendation of doing 1 hour of physical activity ([Brief 1: Physical Activity](#)) per day. This drops to 1 in 4 girls.

**3** 41.8% (around 9 students in the average classroom of 22) of Year 9 students report that they aren't getting enough sleep ([Brief 3: Sleep](#)) to feel awake and concentrate at school. This increases to 46% of Year 10 pupils.



9 out of 22 young people.



1 in 5 young people.

**4** Approximately one in six young people are bullied. Analysis in our relationships briefing indicates that, by tackling bullying, we could prevent nearly 1 in 5 cases of young people's significant feelings of worry or sadness.

**5** There has been a decline in young people reporting that they have good places to spend free time. Just under 15 in the average class of 22 Year 9 pupils think that they have good places to spend their free time. Find out more in [The Politics Project #BeeWell programme reflections](#).



15 out of 22 young people.